

## INSTRUCTIONS FOR COMPLETING A BENEFIT CHANGE ONLINE

- 1. Go to www.lisd.net/benefits.
- 2. Click on the "Benefit Plans" tab to access the "Benefit Change Instructions" and the "Benefit Change Form".
- 3. Print and complete the information on the form as requested.
- 4. Select a reason for status change and enter the date of the event.
- 5. Add or drop dependent information as necessary.
- 6. Continue through each benefit, making appropriate changes to add or drop benefits where necessary. If no benefit is desired, please select Decline option.
- 7. Sign and date bottom of page 1.
- 8. Please review your changes.
- 9. Email the completed form to the LISD Benefits Office at benefits@lisd.net

### \*\*NOTE\*\* There is only a 31-day window from the event date to make a change in your benefits.

Completing this process will submit the change(s) to the Benefits office for approval. To approve any change, appropriate documentation of your status change must be forwarded to the Benefits Office within 31 calendar days from the Effective Date of the change.

#### REQUIRED PROOF: IF THE STATUS CHANGE IS A:

LOSS OF COVERAGE: Proof must be an official document listing the names of all family members who are losing coverage, the type of coverage (medical, dental, etc.) and the termination date of the coverage. Loss of coverage must be non-voluntary. If you or your dependents were voluntarily dropped from a plan, you cannot be added under a status change. Once approved, new coverage will be effective on the 1st of the month following the month that previous coverage was terminated.

GAIN OF COVERAGE: Proof can be any type of official documentation from the new employer or insurance company listing the names of all family members who are gaining coverage, the types of coverage that have been gained and the effective date of that coverage. You must submit your request during the month prior to the date you wish your coverage to end. Coverage cannot be canceled retroactively. Example: Submitted request to cancel on 1/13/21, coverage will end on 2/1/21.

BIRTH: No documentation is required.

ADOPTION: A copy of the front page of the official court documents either placing the child or granting adoption and the last page(s) of that same document with signatures all complete, or signature papers and waivers, if applicable.

MARRIAGE: To add a spouse or new dependents, proof will be a copy of the marriage certificate.

DIVORCE: To drop spouse and dependents, a copy of the first and last pages of the official divorce decree. The last pages (signature pages) must be signed and dated. To add coverage - See "Loss of Coverage" information above.

## LISD Benefit Plan Rate

PLAN YEAR Sept. 1, 2021- Aug. 31, 2022

# **lisd.net/benefits**For complete Plan Summaries

TRS M	ledical Insi	urance						
			Monthly pay rate	es			Before you ded	cide
Tier		ActiveCare Primary	ActiveCare HD			The NEW TRS Actived		
Employee	only	\$91.00	\$103.00	\$184.00	\$655.00	\$184.48	and Primary+ plans are State Network Only, so there are no out	
Employee	e + spouse	\$788.00	\$821.00	\$946.00	\$2,014.00	\$974.70	of network benefits. Both require	
	+ children	\$379.00	\$400.00	\$507.00	\$1135.00	\$500.16	you to provide a Primary Care Physician when you enroll. Look up	
Employee + family \$1,012.00		\$1,052.00	\$1,282.00	\$2,448.00	\$1,175.42	TRS-ActiveCare Primary and Primary + Plan providers at		
			Semi-monthly pay rates - Facility Services			<b>V</b> 1,110.12	bcbstx.com/trsactiveca	
Employee	only	\$45.50	\$51.50	\$92.00	\$327.50	\$92.24	Find a Doctor tab. Search our online Provider	
	e + spouse	\$394.00	\$410.50	\$473.00		·	Finder directory to see which	
	•	·	·	·	\$1,007.00	\$487.35	doctors and facilities are in- network. If you need help for the TRS medical plans, please call a Personal Health Guide at	
. ,	e + children	\$189.50	\$200.00	\$253.50	\$567.50	\$250.08		
Employee	e + family	\$506.00	\$526.00	\$641.00	\$1,224.00	\$587.71	1-886-355-5999	
		19 pay	rates - Child Nutrition,	s - Child Nutrition, Extended School Day, Security		Also, there are no out-of-net		
Employee	only	\$57.47	\$65.05	\$116.21	\$413.68	\$116.51	benefits with Scott & W You must choose from	
Employee	e + spouse	\$497.68	\$518.53	\$597.47	\$1,272.00	\$615.60	network of doctors located in the Dallas-Fort Worth area. Look up Scott & White HMO providers at trs.swhp.org before chosing this health plan.	
Employee	+ children	\$239.37	\$252.63	\$320.21	\$716.84	\$315.89		
Employee	e + family	\$639.16	\$664.42	\$809.68	\$1,546.11	\$742.37		
Pooled	d Rates pe	r Month	*Active	Care 2 is a closed plan: N	lo New Enrollments		To be eligible for poo	oled rates
ActiveCare Primary		ActiveCare HD ActiveCare Primary + ActiveCare 2		Scott & White HMO both employee and spouse				
Employee	e + family	\$677.00	\$717.00	\$947.00	\$2,113.00	\$840.42	must work for LISD.	
Vision	Plan -					New - MASA	A Emergent Transp	oort
United H	lealthcare Vis	sion	Monthly pay rates	Semi-monthly	19 pay rates	Employee Monthly r	ates Semi-Monthly	19 pay rates
Employee only		\$8.38	\$4.19	\$5.29	+ family \$14.0	_	\$8.85	
Employee + spouse		\$15.33 \$16.06	\$7.66	\$9.68			ψ0.03	
Employee + children Employee + family		\$24.78	\$8.03 \$12.39	\$10.14 \$15.65	Flexible Spending Accounts			
Hospital Indemnity -			ΨΣ4.10	\$12.39	ψ13.03	If you are enrolled in a Flexible Spending		
AFLAC Hospital Indemnity			Openius atti		Account, you are limited to how much income			
Employee only		Monthly pay rates \$17.44	Semi-monthly \$8.72	19 pay rates \$11.01	you can set aside	you can set aside each year.		
Employee + spouse		\$33.09	\$16.55	\$20.90	Health care reimbu	Health care reimbursement limit \$2,750		
Employee + children		\$26.78	\$13.39	\$16.91	Dependent care rei	Dependent care reimbursement limit \$5,000		
Employee + family		\$42.43	\$21.22	\$26.80	Health Savings	Health Savings Accounts		
New -	Cigna Criti						"	4.115
Age		ates shown are for \$10,000 Iment system for other age bands	Monthly pay rates	Semi-monthly	19 pay rates	You must be enrolled in TRS-Active Care 1-HD. You are limited to how much income you can set		
	Employee only		\$2.05	\$1.03	\$1.29	aside each year.  Employee only \$3,600		,
<29	Employee + spouse Employee + children		\$4.19 \$4.74	\$2.10 \$2.37	\$2.65 \$2.99			¢2 600
	Employee + family		\$6.88	\$3.44	\$4.35			
	Lilipioyee + la	Employee only		\$2.02	\$2.78			\$4,600
	Employee only		\$4.04		¢4.04	E 11		Φ= 000
30-39		pouse	\$7.82	\$3.91	\$4.91 \$4.24	Family		\$7,200
30-39	Employee only	pouse hildren			\$4.91 \$4.24 \$6.63	Family Age 55 and older		\$7,200 \$8,200
30-39	Employee only Employee + si Employee + ci Employee + fa Employee only	pouse hildren milly	\$7.82 \$6.72 \$10.50 \$6.75	\$3.91 \$3.36 \$5.25 \$3.38	\$4.24 \$6.63 \$4.26			
30-39	Employee + sp Employee + cl Employee + fa	pouse hildren mily y pouse	\$7.82 \$6.72 \$10.50	\$3.91 \$3.36 \$5.25	\$4.24 \$6.63			



REAL

INNOVATION.

LIMITLESS

OPPORTUNITY.

Dental Plans			
MetLife Standard Dental maximum of \$1,500 per insured person	Monthly pay rates	Semi-monthly	19 pay rates
Employee only	\$42.68	\$21.34	\$26.96
Employee + spouse	\$85.38	\$42.69	\$53.92
Employee + children	\$87.10	\$43.55	\$55.01
Employee + family	\$129.80	\$64.90	\$81.98
MetLife Basic Dental maximum of \$1,000 per insured person			
Employee only	\$22.46	\$11.23	\$14.19
Employee + spouse	\$44.90	\$22.45	\$28.36
Employee + children	\$45.82	\$22.91	\$28.94
Employee + family	\$68.28	\$34.14	\$43.12
UNUM Voluntary Life	Cigna I	ong-Term Disa	hility

## 45 \$28.36 91 \$28.94 14 \$43.12

<b>UNUM Voluntary</b>	Life	Cigna Long-Term Disability			
Spouse guarantee issue:	sue: \$250,000 or 7x salary e: \$50,000	Guarantee issue open enrollment every year Waiver of elimination period upon hospitalization with 30 day elimination period or less Pregnancy covered same as any illness - 12 month pre-existing limitation Can elect up to 66 2/3% of salary to a max of \$8,000			
Under 30	\$.36		<b>,</b> , . , . ,		
30-34	\$.45	Plan A - pays sickness &	injury to age 65		
35-39 40-44	\$.63 \$.99	Elimination (waiting) period	Rate per month per \$100 of coverage		
45-49	\$1.71	14 day	\$2.74		
50-54	\$2.97	30 day	\$2.32		
55-59	\$4.23	60 day	\$1.50		
60-64	\$5.04	90 day	\$1.30		
65-69	\$9.00	Plan B - pays sickness for	or 5 years & injury to age 65		
70-74	\$15.39	Elimination (waiting)	Rate per month per		
75+	\$30.87	period 14 day	\$100 of coverage		
UNUM Child Life		30 day	\$2.42 \$2.08		
Coverage amount \$2,000	Child rates per month \$.20	60 day	\$1.35		
\$4,000	\$.40	90 day	\$1.16		
\$6,000	\$.60	,	·		
\$8,000			Legalease Legal Plan		
\$10,000	\$1.00	Monthly	\$15.18		
UNUM Voluntary	AD&D	Semi-monthly	\$7.59		
Rate per month per \$10	0,000 \$.30	19-pay	\$9.59		
Texas Life - Permanent Portable Life					
Employees Express Issue coverage up to \$150,000 coverage; varies based on employee					

age Spousal Express issue Coverage up to \$50,000; varies based on spouse age

All new members, or if you used any SLB days during the 2020-21 year

Sick Leave Bank

Benefit	Phone & Web Site
Medical	866-355-5999
www.b	ocbstx.com/trsactivecare
Dental	800-942-0854
	www.metlife.com
Vision	800-638-3120
	www.myuhcvision.com
Disability	800-362-4462
	www.cigna.com
Medical Transport	800-423-3226
	www.masamts.com
Critical Illness	800-362-4462
	www.cigna.com
Hospital Indemnity	800-992-3522
	www.aflac.com
Individual	800-283-9233
Permanent Life	www.texaslife.com
Group Life	800-421-0344
	www.unum.com
Legal Plan	800-248-9000
	www.legaleaseplan.com
457 and 403(b)	800-943-9179
Retirement Plans	www.tcgservices.com
Flexible Spending	800-274-0503
Accounts (FSA)	www.nbsbenefits.com
Health Saving Accounts (HSA)	817-882-0800
	www.eecu.org

1 local day